

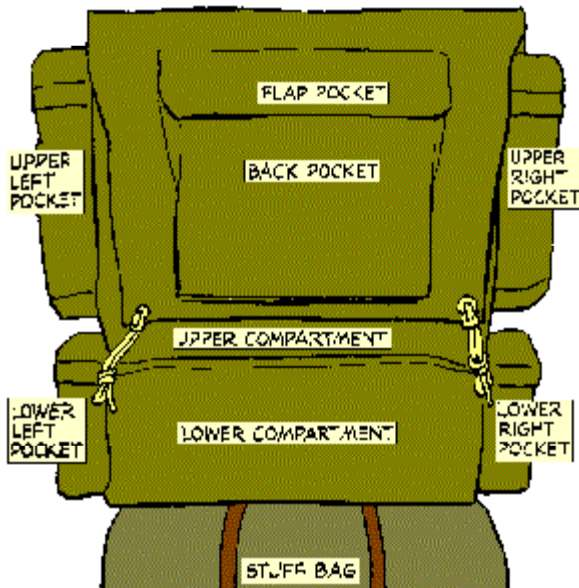
BE PREPARED FOR BACKPACKING

Backpacking has long been a part of the American tradition. Native Americans, explorers, trappers and settlers often owned nothing in the world except what they could carry over their shoulders. Through trial and error they learned what to take along, what to leave at home, and what skills were essential for living in the wilderness. They were ready for any situation that might arise because they were **PREPARED!**



PACKING YOUR GEAR

A PROPERLY LOADED PACK CAN VARY BETWEEN 30 AND 50 POUNDS, DEPENDING ON THE LENGTH OF THE EXCURSION AND OTHER VARIABLES.



CARRY ON PERSON:

- KNIFE
- COMPASS
- WATERPROOF MATCHES
- MEDICAL ALERTS

FLAP POCKET:

- MAPS
- NOTEBOOK
- PEN
- IDENTIFICATION
- LICENSES AND PERMITS

BACK POCKET:

- MESS KIT/VITLLE KIT/CUP
- MATCHES
- TOILETRIES
- 30' NYLON CORD
- TRAIL SNACKS*

UPPER LEFT & RIGHT

- POCKETS:
- CANTEEN
- STOVE FUEL
- PONCHO/RAIN GEAR

LOWER LEFT POCKET:

- MEDICATION
- CHAP STICK/SUNBURN CREME
- BUG REPELLENT
- SEWING KIT
- FLASHLIGHT/EXTRA BATTERIES/BULBS
- WATER PURIFIER

LOWER RIGHT POCKET:

- FIRST AID KIT
- SAFETY PINS

UPPER COMPARTMENT:

- STOVE AND COOKING GEAR
- FOOD
- TENT OR TARP AND TENT STAKES
- WATER BAG

LOWER COMPARTMENT:

- CLOTHING FOR THE SEASON
- JACKET
- MOCCASINS OR CAMP SHOES
- HAT OR CAP

STUFF BAG:

- SLEEPING GEAR



ARRANGE YOUR GEAR SO THAT ITS CENTER OF GRAVITY IS HIGH AND CLOSE TO YOUR BACK. PAD THE FRONT OF THE PACK'S INTERIOR TO PROVIDE CUSHIONING AGAINST YOUR BACK.

I SHOULD HAVE PAID ATTENTION TO THIS LIST!

